

PROFESSIONAL DISCLOSURE STATEMENT
Delta College Counseling/Advising and Career Services
Delta College, University Center, MI 48710 (989) 686-9330

CONFIDENTIAL SERVICES PROVIDED: Delta's Counselors are committed to maintaining confidentiality in the counselor/client communications as prescribed by professional ethical standards and legal requirements. There are circumstances under which confidential treatment information may be disclosed. You will be advised of these limited circumstances at the time of service. Delta College Counseling/Advising and Career Services are Delta Safe Space areas and they welcome all students. Services provided by the staff of Delta's Counseling/Advising and Career Services include:

Personal Counseling: Sometimes life at college brings with it self-doubt, worries, or confusion about values. Talking with a professional counselor may help you identify and clarify issues and in finding the coping resources to successfully confront them. Individual counseling is a partnership endeavor where both the counselor and you work together toward your growth, happiness and fulfillment. Referrals will be made when warranted.

Career Counseling: Answers to questions, such as "What career? What major? or What college?" are the outgrowth of understanding one's self. They require: Time and thought; assessing your interests and abilities; realistic planning and career information; and recognizing your own style, purposes, and values. Talking with a professional counselor will allow you to discuss your current situation, your hopes, your dreams, your fears, and your questions. In addition, we can help you explore your interests, personality style, values, and some special aptitudes.

Academic/Educational Counseling: Professional counselors can help you in planning your program, choosing a major, or meeting the transfer requirement of a four-year institution. See us if you want to talk about: Grades; test anxiety; budgeting your study time; assessing your academic progress; requirements for graduation; course waiver requirements; curriculum guidesheets; making curriculum changes; or course transferability to other colleges and universities.

DELTA COLLEGE COUNSELORS:

Melanie Dancer, M.A., L.P.C. Counselor. Ms. Dancer received her M.A. in Counseling from Central Michigan University. Melanie worked at Baker College for four years providing academic advising, career counseling, and personal counseling. She has taught a career and self-exploration class at CMU and has worked as an addiction therapist. Melanie currently teaches Career Decision Making. She is a member of American Counseling Association and the National Career Development Association. She joined Delta's Counseling/Advising and Career Services in 2007. In 2011, Melanie completed Counselor supervision training. Melanie is also Safe Space trained.

Monica Hernandez-Alaniz, M.A., L.L.P.C. Associate Counselor. Ms. Hernandez-Alaniz received her M.A. in Professional Counseling from Central Michigan University, and her second Master's degree in Family Life Education/Family Studies from West Michigan University in 2012. Monica has worked with youth in a residential treatment center and student organizations on Delta College campus. She has worked as a Multicultural Advisor at Delta College and has been involved working with the community. She has served on numerous community boards including Girls Scouts of Mitten Bay, League of United Latin American Citizens (L.U.L.A.C. Saginaw Chapter), and Advocates of Latino Student Advancement of Michigan Education (A.L.S.A.M.E.). Monica is a member of the American Counseling Association and National Council of Family Relations. At Central Michigan University, she taught career and self-exploration courses. At Delta, Monica teaches classes in Career Decision Making and College Success. Her L.L.P.C. supervisor is Melanie Dancer, M.A., L.P.C. Monica has been affiliated with Delta since 1999 and joined Delta's Counseling/Advising and Career Services in 2004. Monica is also Safe Space trained.

Nikita Murry, Ph.D., L.P.C. Counselor. Dr. Murry earned her Ph.D. in Counselor Education and Supervision from Western Michigan University in 2010 and a M.A. in Professional Counseling/School Counseling from Central Michigan University in 2004. She has worked with adolescents who have experienced violent trauma and their families. Nikita also has a strong background in career and self-exploration and healthy sexuality. She has worked with college students on social justice issues, intimate partner violence, personal and academic guidance, college success and trauma recovery. Nikita is a member of the American Counseling Association (ACA) and the American Association of Sexuality Educators, Counselors and Therapists (AASECT).

Andy P. Sovis, B.S.W., L.M.S.W. Licensed Master Social Worker. Mr. Sovis received his Master of Social Work degree from the University of Michigan in 2007. He had practiced at Community Mental Health for Central Michigan since 2008. During that time he was a home-based therapist working court ordered families and children; jail liaison and crisis stabilization specialist. Andy has experience in community based interventions and evidenced based practice models. Andy is trained in Cognitive Behavioral Therapy, Motivational Interviewing and Mindfulness. He also provides individual, marital and family counseling in an outpatient setting in the Midland area. Andy is also Safe Space trained.

COUNSELING FEES - Free to current students of Delta College.

LICENSING INFORMATION AND SUSPECTED LICENSE VIOLATIONS: Michigan Department of Licensing and Regulatory Affairs, Enforcement Division, Allegations Section, P. O. Box 30670, Lansing, MI 48909 (517) 373-9196