



## **Countries and Healthcare**

Delta College offers a number of EXCELLENT healthcare programs. Some assignments for some of these classes call for the future health professional to understand a diverse clientele. Many cultures have a variety of beliefs about healthcare that the practicing health professional needs to know in order to provide the best possible care. The following resources will help provide valuable information about different culture's values and beliefs.

### **BOOKS**

*CultureGrams* (Ref. GT 150 .C85 2005 v. 1-4): Most of the countries listed will provide a heading of "Health" where a little information will be presented about health care. Depending on the country, the information ranges from a few sentences to a few paragraphs.

*Global health care: issues and policies* (RA 441 .G573 2008): gives information about global diseases and health / healthcare issues in countries such as: United States, United Kingdom, Sweden, Israel, Mexico, China, and South Africa. The book covers more countries, so look at the index in the back of the book for the country of your choice.

*Encyclopedia of global health* (Ref. RA 441 .E53 2008 v. 1-4): This is a four-volume encyclopedia set that will list subjects (including countries) alphabetically. Depending on the country, this source can provide a page, or two, about health care within a specific country.

*Essentials of global health* (RA 441 .S56 2008): look at the index in the back of the book to see if your country is mentioned.

*A primer on international health* (RA 441 .B83 2001): is older information, but the book provides some interesting information about healthcare and healthcare systems of different countries.

*Worldmark encyclopedia of cultures and daily life* (Ref. GN 333 .W67 2009 v.1-4): Each country will list "Living Conditions" where some health information will be provided.

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### **Transcultural Nursing Assignment**

There is a nursing assignment where students need to find information about different cultures. The information, in these books, will cover what health workers need to know when trying to help patients with different cultural backgrounds.

*Transcultural Nursing: assessment and intervention* is located at the [Reserve Desk \(Circulation Desk\)](#) under Professor Horn's last name. A **newer 2008** edition is located in **Reference** RT 86 54 .T73 2008. For

most of you, this will be the **BEST source** to help you with this assignment. This is an **EXCELLENT resource**. This book provides **A LOT** of relevant cultural information on the following ethnic groups:

African-Americans -- Mexican Americans -- Navajos -- Appalachians -- American Eskimos: the Yup'ik and Inupiat -- Japanese Americans -- Afghans and Afghan Americans -- Russian Americans -- Chinese Americans -- Filipino Americans -- Vietnamese Americans -- East Indian Hindu Americans -- Haitian Americans -- Jewish Americans -- Korean Americans -- French Canadians of Québec origin -- Puerto Rican Americans.

**Chapters located ONLY online** have been printed from the online website. Located at the Reserve Desk (Circulation Desk) under Professor Horn's name are chapters for:

Amish Americans – Cuban Americans – Irish Americans – Jordanian Americans – Nigerian Americans – Ugandan Americans.

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*Transcultural Communication in Nursing* does not cover as many ethnic groups as "Transcultural Nursing", but it does provide helpful information on the following ethnic groups:

Asian-Pacific Islander -- Hispanic -- Black -- Native Americans -- Amish -- Filipino -- Iranian -- Irish -- Jewish.

Of particular value are chapters 2 and 14. This book is located in the circulating collection with the call number of RT 23 .L83 2005.

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## **Credible Information from Credible Sites on the Web:**

[Country Studies](#) - Federal Research Division of the Library of Congress. This resource profiles the history, geography, society, economy, government, politics, and more, for a variety of countries. For most countries, information will be provided on health or health care system issues. You need to look closely in the table of contents for the terms **health** or **healthcare**.

[World Health Statistics 2009](#) is a publication produced by the World Health Organization. There is plenty of information, especially **statistics**, on topics such as:

- Mortality and burden of disease; Cause-specific mortality and morbidity; Selected infectious diseases; Health service coverage; Risk factors; Health workforce, infrastructure, essential medicines; Health expenditure and Health inequities.

[The World Health Report 2008: primary health care, now and more than ever](#). This is another excellent publication by the World Health Organization. This 119-page online source provides information about healthcare and healthcare systems for a variety of countries.

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## Journal, Magazine, and Newspaper Articles

Searching for journal articles about values, beliefs, and healthcare issues for different countries/cultures CAN TAKE A LONG TIME. Our best advice is use a variety of databases (resources) and keywords when searching. When searching for the nursing assignment, CINAHL and PubMed may be the best resources to start with for finding **articles**. You can program CINAHL and PubMed to retrieve “full-text” articles.

[EBSCO](#) databases provide access to an electronic collection of full-text information from magazines and journals. A few of the databases that will provide information about countries are OmniFile Full Text Select, Readers’ Guide Full Text, Social Sciences Full Text, and Business Abstracts with Full Text.

[InfoTrac](#) includes articles from newspapers, reference books, journals, and magazines, many with full-text and images. Find the latest current events, popular culture, business and industry coverage, the arts and sciences, sports, hobbies, and more in indexes/databases provided.

[CINAHL \(Cumulative Index to Nursing and Allied Health Literature\)](#) provides **indexing** for 2,931 journals with 1,000,000 records dating back to 1981, covering **nursing**, biomedicine, health sciences librarianship, complementary medicine, consumer health and 17 allied health disciplines. In addition, this database offers indexing to health care books, nursing dissertations, selected conference proceedings, standards of practice, educational software, audiovisuals and book chapters. Searchable cited references for more than 1,200 journals are also included. **There are NOT many full-text articles within CINAHL Basic.** Full-text material includes 70 journals plus legal cases, clinical innovations, critical paths, drug records, research instruments and clinical trials. **Contains limited full-text (70 journals). You can interlibrary loan articles for free but it takes about two weeks to retrieve the articles.**

[FirstSearch: Medline](#) will lead to scholarly medical journal articles. FirstSearch’s Medline will allow you to search for articles that are within publications owned by Delta Library.

### [National Library of Medicine \(PubMed\) \(On-Campus and Off-Campus\)](#)

**PubMed** is a service of the National Library of Medicine, that provides access to over 11 million MEDLINE citations back to the mid-1960's and additional life science journals. PubMed can provide some links to sites with free full-text articles and resources.

TIP: PubMed offers a link to "limit" your search. By clicking on "Limits", you can limit the search to "Links with free full-text" (entire article) and you can limit to articles presented in English.

The following link will take you to an article which is an example of what you can find in PubMed, as well as some of the other databases listed on these web pages.

<http://ons.metapress.com/content/f5670j041167708l/fulltext.pdf> takes you to an article titled "The Experience of Filipino American Patients with Cancer." Please pay particular attention to pages 1172 - 1175 in order to see what articles can provide for this assignment. The search strategy for finding this article was typing within the search box.... filipino nursing.

**More Examples of Articles that can be found by  
using Databases such as CINAHL and PubMed.  
Citation Examples are cited in APA Format.**

**INDIA**

Rothstein, W.G. (2003 March). Health beliefs of college students born in the United States, China, and India. *Journal of American College Health*, 51(5), 189-94. Retrieved from CINAHL database.

**This article IS FULL-TEXT within CINAHL.**

As the title of this journal article states, this article gives information about the health beliefs of students from three countries, including India. "The high ranking the students born in China and India gave to eating proper kind of foods is consistent with the traditional health practices of those countries." Thirty percent of India-born students believe that religion plays a significant role in preventing illness.

Chatterjee, P. (2011, October). Tackling social factors to save lives in India. *Bulletin of the World Health Organization*, 89(10), 708-9.

**This article IS FULL-TEXT within CINAHL.**

"Health inequalities persist amid a booming economy" and continue to present barriers to many people within India trying to receive health care.

Chatterjee, P. (2010, July). India tries to break cycle of health-care debt. *Bulletin of the World Health Organization*, 88(7), 486-7. Retrieved from CINAHL database.

**This article IS FULL-TEXT within CINAHL.**

There are barriers to India's estimated 1.2 billion people receiving medical treatment, and financing is just of those barriers.

Tharakan, Michael, (2008, November). Devolved power: Key for health care in India. *Bulletin of the World Health Organization*, 86(11), 829.

**This article IS FULL-TEXT within CINAHL.**

A question and answer article helps explain the current health care system within India.

Daniel, C.R., Prabhakaran, D., Kapur, K., Graubard B.I., Devasenapathy, N., Ramakrishnan, L., ...George, P.S. (2011, January). A Cross-sectional investigation of regional patterns of diet and cardio-metabolic risk in India. *Nutritional Journal*, 10, 1-13.

**This article IS FULL-TEXT at:**

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3042918/pdf/1475-2891-10-12.pdf>

A thorough investigation on the relationship of diets in different parts of India correlate to a variety of health issues.

Gupta, V.B. (2010, Spring). Impact of culture on healthcare seeking behavior of Asian Indians. *Journal of Culture Diversity*, 17(1), 13-9.

This article is NOT full-text online. You need to interlibrary loan the article, for free. "This article explores the influence of **culture** at each of these states in the context of Asian Indian culture." "Through the example of **Asian Indian culture**, this article informs the clinicians that at the initial visit they should explore what the symptoms mean to the patient and what modalities including complementary and alternative (CAM) were used by the patient to address them and at subsequent visits they should explore how their advise was **filtered through the prism of the patient's culture** and what was adhered to and what was not."

Ahmed, S.M., & Lemkau, J.P. (2000, April). Cultural issues in the primary care of South Asians. *Journal of Immigrant Health*, 2(2), 89-96.

This article is NOT full-text online. You need to interlibrary loan the article, for free. "This article describes aspects of the South Asian culture and of the acculturation process relevant to establishing rapport and providing competent biopsychosocial care to individuals

and families from this region.” This article includes information about people from **India**, Sri Lanka, Bangladesh, and Pakistan.