**Personal Values**

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| --- | --- | --- | --- |
| WisdomWinningWell-beingWealthVolunteeringUnderstandingTruthTrustTraditionTeamworkSuccessSpiritualitySimplicityServiceSelf-relianceSelf-esteemSelf-disciplineSafetySacrificeRomanceRisk-takingResilienceReputationReligionResponsibilityRespect | ReliabilityProductivityPowerPersonal growthPerseverancePeacePatiencePatriotismOrderlinessOptimismOpennessOpen communicationNatureMercyMaking a differenceLoveLoyaltyListeningLearningLeadershipKnowledgeKindnessJusticeJoyJob securityIntuition | InspirationInitiativeIntegrityIndependenceHumorHumilityHopeHonestyHeritageHealthHarmonyGenerosityFunFriendshipFreedomForgivenessFlexibilityFitnessFinancial stabilityFamilyFameFaithFairnessExcellenceEthical behaviorEfficiency | EnthusiasmEmpathyDignityDependenceCuriosityCreativityCourtesyCourageCooperationConfidenceConflict resolutionCompetitivenessCompetenceCompassionCommunityCommitmentCollaborationCivilityCaringBoldnessBeautyAuthenticityAmbitionAdaptabilityAchievementAccountability |

**Personal Values Affirmation**

1. On the flip side of this page, circle the ten values you consider to be the most

important in your life.

2. Think for a bit about each of those ten values. Now put a second circle around the

three that are the most important of all of them.

3. Write a letter to another student in your class, telling them why these values are

important to you and what difference they have made in your life. Give some

examples of things you have done or choices you have made in your life based on

these values.

Cia Verschelden 2022