**Bandwidth Recovery: Suggested Readings and Watchings**

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Dweck, C. (2006). *Mindset: The new psychology of success*. New York, NY: Ballantine Books.

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Gould, S. J. (1996). *The mismeasurement of man*. New York, NY: W. W. Norton & Company, Inc.

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Miller, H. R. (2015). *Rac(e)ing to class: Confronting poverty and race in schools and classrooms.* Cambridge, MA: Harvard University Press.

Mullainathan, S., & Shafir, E. (2013). *Scarcity: The new science of having less and how it defines our lives*. New York, NY: Picador/Henry Holt.

Murphy, C. (2020). *The violence inside us: A brief history of an ongoing American tragedy*. New York: Random House.

Perry, B. D., & Szalavitz, M. (2017). *The boy who was raised as a dog: What traumatized*

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Redford, J., & Pritzker, K. *Resilience: The biology or stress and the science of hope*.

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Steele, C. M. (2010). *Whistling Vivaldi: How stereotypes affect us and what we can do*. New York, NY: W. W. Norton.

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Sue, D. W. (2010). *Microaggressions in everyday life: Race, gender, and sexual orientation*. Hoboken, NJ: John Wiley & Sons, Inc.

Tatum, B. D. (2017). *Why are all the black kids sitting together in the cafeteria? And other*

*conversations about race*. New York, NY: Basic Books.

Verschelden, C. (2020). *Bandwidth for schools: Helping Pre-k-12 students reclaim cognitive*

*resources lost to poverty, trauma, racism, and social marginalization*. Sterling, VA: Stylus

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Verschelden, C. (2017). *Bandwidth recovery: Helping students reclaim cognitive resources lost to*

*poverty, racism, and social marginalization.* Sterling, VA: Stylus Publishing, LLC

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*cognitive resources lost to poverty, trauma, racism, and social marginalization*. Sterling,

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Wilkerson, I. (2020). *Caste: The origins of our discontents*. New York: Random House.

Wilkinson, R., & Picket, K. (2011). *The spirit level: Why greater equality makes societies*

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Cia Verschelden 2022