

# Walk and Run Categories

Metal First Place

Ribbon Second and Third

FEMALE AGE GROUP: 1-10

FEMALE AGE GROUP: 11-14

FEMALE AGE GROUP: 15-19

FEMALE AGE GROUP: 20-24

FEMALE AGE GROUP: 25-29

FEMALE AGE GROUP: 30-34

FEMALE AGE GROUP: 35-39

FEMALE AGE GROUP: 40-44

FEMALE AGE GROUP: 45-49

FEMALE AGE GROUP: 50-54

FEMALE AGE GROUP: 55-59

FEMALE AGE GROUP: 60-64

FEMALE AGE GROUP: 65-69

FEMALE AGE GROUP: 70-74

FEMALE AGE GROUP: 75-79

FEMALE AGE GROUP: 80-99

MALE AGE GROUP: 1-10

MALE AGE GROUP: 11-14

MALE AGE GROUP: 15-19

MALE AGE GROUP: 20-24

MALE AGE GROUP: 25-29

MALE AGE GROUP: 30-34

MALE AGE GROUP: 35-39

MALE AGE GROUP: 40-44

MALE AGE GROUP: 45-49

MALE AGE GROUP: 50-54

MALE AGE GROUP: 55-59

MALE AGE GROUP: 60-64

MALE AGE GROUP: 65-69

MALE AGE GROUP: 70-74

MALE AGE GROUP: 75-79

MALE AGE GROUP: 80-99

## Groups for Physically Challenged Athletes

TRI 1- Paraplegic, Quadriplegic, Polio, and Double Leg Amputee must use racing wheelchair on run.

TRI 2- Severe Leg impairment: Above- knee amputees. Athlete must run with above knee (of similar) prosthesis or crutches.

TRI 3- Les Autre: Includes athletes with Multiple Sclerosis, Muscular Dystrophy, Cerebral Palsy, and Double leg amputee (runners or walkers) or paralysis in multiple limbs; must run or walk. ( May use braces or prosthesis)

TRI 4- Arm impairment: Including above and elbow amputees or "impairment" in one or both upper limbs. Athletes may use prosthesis, brace or sling on the run.

TRI 5- Moderate leg impairment: Below-knee amputees. Athlete must run or walk with prosthesis or crutches.

TRI 6- Visual Impairment: Legally Blind. (20/200 vision with best corrective vision). A handler of the same sex is mandatory throughout the race. Athletes may use a seeing eye dog if needed.