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## Alternative Medicine

Alternative medicine is a term that can be applied to many different forms of medicine, such as aromatherapy, herbal medicine, holistic medicine, and so on. Following is a list of sources within Delta Library that contain information about different forms of alternative medicine.

### Alternative Medicine

**Browse the book shelves near these call numbers to find additional information about your topic.**

**Ask a librarian for help!**

*Alternative Medicine Sourcebook: basic consumer health information about alternative and complementary medical practices, including acupuncture, chiropractic, herbal medicine, homeopathy, naturopathic medicine, mind-body interventions, ayurveda, and other non-Western medical traditions.* Call Number: R 733 .A475

*Alternative Medicine: the definitive guide.* Call Number: Reference R 733 .A46

*Complementary and Alternative Medicine.* Call Number RC 60 .M4 v.86 no. 1

*Complementary and Alternative Medicine Sourcebook: basic consumer health information about complementary and alternative medical therapies, including acupuncture, ayurveda, traditional Chinese medicine, herbal medicine, homeopathy, naturopathy, biofeedback, hypnotherapy, yoga, art therapy, aromatherapy, clinical nutrition, vitamin and mineral supplements, chiropractic, massage, reflexology, crystal therapy, therapeutic touch, and more; along with facts about alternative and complementary treatments for specific conditions such as cancer, diabetes, osteoarthritis, chronic pain, menopause, gastrointestinal disorders, headaches, and mental health, a glossary, and a resource list for additional help and information.* Call Number: R 735 .C66 2006

*The Complementary and Alternative Medicine Information Source Book.* Call Number: Reference R 733 .C65285

*Finding the Right Treatment: modern and alternative medicine: a comprehensive reference guide that will help you get the best of both worlds.* Call Number: RC 81 .K875

*Natural cures "they" don't want you to know about.* Call Number: RZ 440 .T785

### Aromatherapy

*Aromatherapy for Massage Practitioners.* Call Number: RM 666 .A68 M36 2007

*Complementary and Alternative Medicine Sourcebook: basic consumer health information about complementary and alternative medical therapies, including acupuncture, ayurveda, traditional Chinese medicine, herbal medicine,*

*homeopathy, naturopathy, biofeedback, hypnotherapy, yoga, art therapy, aromatherapy, clinical nutrition, vitamin and mineral supplements, chiropractic, massage, reflexology, crystal therapy, therapeutic touch, and more; along with facts about alternative and complementary treatments for specific conditions such as cancer, diabetes, osteoarthritis, chronic pain, menopause, gastrointestinal disorders, headaches, and mental health, a glossary, and a resource list for additional help and information.* Call Number: R 735 .C66 2006

*The Complete Illustrated Guide to Aromatherapy: a practical guide approach to the use of essential oils for health and well-being.*  
Call Number: RM 666 .A68 L387

*Gale Encyclopedia of Medicine.* Look on pages 392-397 of volume one.  
Call Number: Reference RC 41 .G35 2006

### Holistic Medicine

*The Complete Book of Home Herbal Remedies: a holistic guide to understanding and treating common ailments with herbs.* Call Number: RM 666 .K57 H33

*Encyclopedia of Herbs & Their Uses.*  
Call Number: Reference SB 351 .H5 B645

*The Encyclopedia of Medicinal Plants.*  
Call Number: RS 164 .C4437

*Herbal Healing: a practical introduction to medicinal herbs.*  
Call Number: RM 666 .H33 H35

*Integrating Conventional & Alternative Therapies: holistic care for chronic conditions.*  
Call Number: RC 112 .E55

*Radical Healing: integrating the world's great therapeutic traditions to create a new transformative medicine.* Call Number: R 733 .B255

*Spontaneous Healing: how to discover and enhance your body's natural ability to maintain and heal itself.* Call Number: RZ 440 .W43

### Mind-Body

*Alternative Medicine Sourcebook: basic consumer health information about alternative and complementary medical practices, including acupuncture, chiropractic, herbal medicine, homeopathy, naturopathic medicine, mind-body interventions, ayurveda, and other non-Western medical traditions.* Call Number: R 733 .A475

*Complementary and Alternative Medicine.* Call Number RC 60 .M4 v.86 no. 1.  
A chapter in this book is devoted to "Mind-body medicine: an introduction and review of the literature."

*The Divided Mind: the epidemic of mindbody disorders.* Call Number: RC 49 .S339 2006

*Managing your mind: the mental fitness guide.* Call Number: RA 790 .B83

*Mind/Body Health: the effects of attitudes, emotions, and relations.* Call Number: RC 49 .M522 2006

*Spontaneous Healing: how to discover and enhance your body's natural ability to maintain and heal itself.* Call Number: RZ 440 .W43

*T'ai Chi Mind and Body* Call Number: this book is ON ORDER. This book will arrive soon.

### Journal, Magazine, and Newspaper Articles

[Wilson Web](#) and [InfoTrac](#) are databases (indexes) that will lead you to journal, magazine, and newspaper articles on all kinds of subjects, including topics associated with Alternative Medicine. Many of the articles are full-text (includes the text from the original printed article).

For remote access, use your Delta username and password. If you need help, please call the Reference Desk at (989) 686-9560.

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### [How to Cite Books and Journals in APA and MLA Format](#)

- Citing Electronic Resources in APA Format
- Citing Print Resources in APA Format
- Citing Electronic Resources in MLA Format
- Citing Print Resources in MLA Format