

Delta College Counseling Referral Form

Faculty and Staff:

Please complete this form when you are referring a student for Brief and Crisis Counseling. The information requested below allows the Counseling staff to better track referrals and serve students in need. You can refer the student directly by calling the center at 686-9330 or by escorting/directing the student to the Counseling/Advising & Career Services office at D 102. In situations requiring an urgent response, you should contact Delta's Public Safety Office at 686-9000 and the Counseling Department by phone.

The Counseling staff provides brief and crisis counseling services for students whose behavior, emotional or mental distress creates concerns for their safety or the safety of others. Counseling services are short term in nature and are designed to assist the student in resolving immediate problems or linking them with appropriate community services.

You will be notified in regard to the student's follow through with this referral for services.

Student Name: _____ Student #: _____

How can the student be contacted? _____

What student behaviors or reactions are you concerned about? _____

Is the student in agreement with the referral? _____

What students can expect

Often students are embarrassed to seek help for personal problems. The Counseling staff treats students with caring, dignity and personal regard. Assignments to staff will be made with regard to the availability of the staff, the nature of the situation and/or the personal preference of the student.

When students are first referred, they will meet privately with a Professional Counselor for about an hour. The Counselor will interview them to determine the sources of their distress and the possible steps involved in resolving problems. Students will be asked to complete a consent form, necessary release forms and a medical-social history form. Information is kept confidential except when permitted by a written release or in situations in which there is the imminent potential for harm to self or others.

Counseling services are free to active students but are short term in nature. When students require multiple services, long term treatment or emergency care, the Counseling staff will assist the student by referring them to the appropriate agency in their community.

Faculty/Staff Name: _____

Department: _____ Office #: _____

Phone: _____ Other Contact Phone: _____

Email Address: _____

Thank you for your concern and assistance.