

# Northern Michigan University

## Delta College Athletic Training, B.S.

This undergraduate program leads to a B. S. degree in Athletic Training at NMU and is designed to prepare and qualify students for the National Athletic Trainers' Association Board of Certification Examination. Upon obtaining certification, students will be qualified athletic trainers for positions in settings such as high schools, colleges, sports medicine clinics, rehabilitation centers or private industry. The program provides solid didactic and clinical education and boasts a fully equipped, 1044-square foot athletic training laboratory facility, campus athletic training rooms, and a staff of 17 approved clinical instructors. The program is CAAHEP accredited.

*Note: ATR 110, HL 101, and HL 242 are required for admission into NMU's Athletic Training program. Therefore, students are encouraged to complete the equivalent courses at Delta College (\*see below) and then transfer to NMU.*

Delta College Course #	Delta College – Course Title	Credit Hours	NMU Equivalent	NMU Degree Requirements
	Select one course: ENG 111, ENG 111A, ENG 111B, ENG 111C, or ENG 111H	3-5	EN 111	Liberal Studies, Div. I, Communication
	Select one course: ENG 112, ENG 112A, ENG 112H, or ENG 113	3-5	EN 211 or EN 211D	Liberal Studies, Div. I, Communication
	Select two courses: (HIS 111 or HIS 111H), (HIS 112 or HIS 112H), IHU 201H, IHU 232, IHU 268, IHU 282H, LIT 201H, LIT 228, LIT 229, LIT 241, (LIT 245 or LIT 246), LIT 268, (LIT 271 or LIT 271H), (LIT 272 or LIT 272A), (LIT 274 or LIT 277 or LIT 278), PHL 203, PHL 205, PHL 207, PHL 210, (PHL 211 or PHL 211H), (PHL 213, PHL 213H, or PHL 230), PHL 214, PHL 215, (PHL 240 or PHL 240H), PHL 255, POL 215, or SSI 232	6-8		Liberal Studies, Div. II, Humanities
CHM 101 or CHM 111	General Chemistry or General and Inorganic Chemistry I	4-5	CH 107 or CH 111	Liberal Studies, Div. III, Natural Science/Math & Other Required Course
	Select one course (not previously selected): AST 111/ 111L, (BIO 101 or BIO 140), BIO 110, (BIO 111 or BIO 111H), BIO 130, BIO 171, BIO 172, (CHM 112 or CHM 112H), CHM 221/222L, GEO 111, GLG 111, (MTH 118 or MTH 120), MTH 121, (MTH 122 or MTH 153), MTH 151, MTH 161, PHY 111, PHY 112, PHY 211, PHY 212, PSC 101, or PSC 102	4-5		Liberal Studies, Div. III, Natural Science/Math
PSY 211 or PSY 211C or PSY 211H	General Psychology	3	PY 100G	Liberal Studies, Div. IV, Social Science & Other Required Course
	Select one course: GEO 113, (GEO 222, GEO 260, GEO 267, or GEO 268), (GEO 223, GEO 261, or GEO 262), HIS 221, HIS 222, (POL 103, POL 103C, POL 103H, POL 104, POL 104C, POL 104H, POL 111, or POL 111H), POL 222, (SOC 211 or SOC 211H), (SOC 212 or SOC 282H), (SOC 231 or SOC 231H) or SSI 268	3-4		Liberal Studies, Div. IV, Social Science
	Select course (s)—Minimum of 3 credits: (CST 103 or CST 106), CST 104, (CST 110 or CST	3-4		Liberal Studies, Div. V, Formal Communication

	216), CST 128, CST 133, CST 134, CST 146, CST 147, (CST 151 or CST 155), CST 204, CST 214, CST 257, FR 111, FR 112, FR 211, FR 212, GE 111, GE 112, GE 211, GE 212, MTH 208, PHL 221, SOC 279, SPA 111, SPA 112, SPA 211, or SPA 212			Studies
	Select one course: ARC 251, ART 151, ART 151H, ART 152, ART 251, ART 255, EMB 175, IHU 101, IHU 226, LIT 226, LIT 227, LIT 227C, MUS 111, MUS 112, MUS 118, SPH 215, or SPH 216	3		Liberal Studies, Div. VI, Visual & Performing Arts
LW 220 or LW 220H or LW 221	Lifelong Wellness or Fitness and Wellness	1-2	HP 200	Health Promotion
	Select any Physical Education activity course	1	HP Credit	Health Promotion
BIO 240	Human Anatomy	4	BI 201	Major
BIO 241	Physiology	4	BI 202	Major
*HSC 105	Medical Terminology	2	HL 101	Major
*LWT 175 or *LWT 180	Advanced First Aid and Emergency Care or Responding to Emergencies	2-3	HL 242	Major
*LWT 231	Introduction to Athletic Training	3	ATR 110	Major
	<b>Total Credit Hours:</b>	<b>49-61</b>		

## Admission to the Baccalaureate Athletic Training Sequence

Before applying for admission to the Athletic Training program, applicants must:

1. Be admitted to NMU;
2. Have completed, or be in the process of completing ATR 110, HL 101, and HL 242;
3. Achieve a cumulative NMU GPA of 2.75 or better in their first semester, with a minimum of 3.0 in ATR 110;
4. Complete required athletic training observation hours under a member of the NMU certified staff, during the first year of enrollment;
5. File an application with current transcript of grades and three letters of recommendation with the Department of Health, Physical Education and Recreation by February 1 for the succeeding fall semester;
6. Sit for a formal interview with the Director of the Athletic Training program and additional certified athletic training staff members, after application has been filed; and
7. Meet technical standards for admissions.

A limited number of students are admitted to the Athletic Training program each year. The faculty reserves the right to select the applicants who shall be admitted if the number of eligible applicants exceed the number of available placements. The remaining eligible applicants may apply for admission the following year. Ordinarily, students may expect to complete the entire program in approximately three academic years after being admitted to the Athletic Training program, assuming that they complete all of their courses satisfactorily and in sequence.

### Other Graduation Requirements:

1. Students can fulfill NMU's **world cultures** requirement by completing one of the following while at Delta College: GEO 113, GEO 222, GEO 255, GEO 260, GEO 267, GEO 268, POL 222, SOC 231, or SOC 231H;
2. At least one course in the Liberal Studies Program must be at the **300-level or above**. This requirement can be completed before attending the university if the transfer student selects a course that transfers at that level. At Delta College, the following courses meet this requirement: ART 151/152, GEO 222, GEO 223, GEO 260, GEO 261, GEO 262, GEO 267, GEO 268, LIT 245, LIT 246, LIT 268, LIT 271, LIT 271H, LIT 272, LIT 272A, LIT 274, LIT 277, LIT 278, PHL 240, PHL 240H, POL 215, POL 222, or SPH 216.

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For further information regarding the selection and transfer of courses, contact one of NMU's Transfer Admissions Counselors, at 1-800-682-9797 or [transfer@nmu.edu](mailto:transfer@nmu.edu).